

Nov 27th , 2008
Volume 2, Issue 5

Marlins Newsletter

Upcoming Events

**Marlins Meet Dec 5th
to 7th.*

**Marlins Christmas
Party Dec 17th 6-9pm
Track and Field
Complex.
RSVP Dec 9th*

**Dec 22nd- Last
practice at the MP
pool for Christmas.*

**Jan 3rd – Regular
schedule resumes.*

**Carbonear Meet Feb
6th to 9th.*

Still not on our email list??? Contact our Head Coach Duffy Earle at duffy.earle@gmail.com

...and another win for the Marlins!!

Congratulations to the Marlins on another win! It was announced this week that the Marlins won the Fall Classic at the Aquarena Nov 7-9th!

Our swimmers had great success with the meet 69% personal best times. Congratulations to the following swimmers who had 100% personal best times. Kristen , Becca , Cody, Lesley Marie, Sam, Liam M, and Katie S.

Congratulations to Leah V, Becca, Morgan and Lesley Marie who broke the provincial record (and club record) in the 4 x 200 fr relay. The Marlins broke many other club records at the meet as well. Congrats to the girls as well as Aiden, Ryan, Gavin, and Alex.

Hats off to Leah V who achieved her first provincial team time and got to attend a provincial team training session with Becca, Morgan, Darci, Adam, Aiden and Ryan on the Sunday following the meet.

Many of our swimmers had fabulous distance races. The biggest mistake in distance swimming (800 or 1500m or 400 for new swimmers) is saving too much energy fearing that you won't make it through. Remember that your coaches will never put you in an event they don't think you

can handle! I heard many swimmers talk about how they now realize how short a 200 is. Following the distance swims it seemed our shorter swims were even better!

Congratulations to our distance winners who did a great job for the Marlins! Our distance award winners are highlighted later in the newsletter.

I hope that all of our swimmers will learn from our success so far this season that we can do whatever we put our minds to. We are a great club! We have great practice time with great coaches and supportive members. Above all we have a great attitude and don't give in!!

Upcoming Meets

I look forward to the upcoming Marlins meet. By now all families should have sent in the \$30 registration fee or notified us if you are unable to attend.

We have 3 new swimmers who will be competing at this meet for their first time. Good luck to Dylan, Alex, and Stephen!

Pointe Claire

The Pointe Claire meet is

fast approaching! Swimmers will have an altered schedule over the next couple weeks to allow them to really be at their best!! Reminders and travel information will be emailed to parents of attending swimmers early next week.

December/January Schedule

There will be many changes to the schedule for all swimmers in the upcoming weeks. The schedule has been attached to the email and can be found on the Marlins website. Please note Pre-competitive and Discovery are the same group. If you have any questions please email me.

Marlins Distance Award Winners

(based on highest FINA points 400, 800 or 1500, and 200 for 10 and unders)

11 yr Stacey L

12 yr Sarah B
Liam C

13 yr Becca D
Ryan A

14 yr Morgan L
Aiden W

15 yr Lindsay D

Reminders

Marlins Christmas Party- Dec 17th 6-9pm \$10 at the door. **Please RSVP by Dec 9th** to Catherine at catherineburt@nl.rogers.com. The party is not pot luck this year. Parents are welcome to attend and eat the leftovers!

Save your recyclables! The Marlins will be having more recycling blitz's – we'll let you know when!

Hotel information for the Gander and Corner Brook meets can be found on our website. The release dates for rooms are also posted.

Canteen items for the Marlins Meet must be nut free.

New policy- If you are not attending a swim meet you must notify Duffy by the deadline posted in the weekly email. All other swimmers will be entered.

Deadline for MP meet opt out Nov 26th. Fees are \$30 per swimmer. Please send you cheque to the pool asap.

The **meet schedule** can be found on our website.

MPM Timers clinic. Nov 29, 9-11. Location: Mount Pearl Senior High. To register for the clinic, email Noel Cadigan (cadigant@nl.rogers.com). Pre-competitive and Competitive parents welcome. Timing is a great way to get involved with our swim meet. We need everyone's help!

Vegetable Hamper order sheets are now available. Orders are due Dec 15th and Pick up is Dec 18th.

Thank-you to the 7 families who brought in recyclables last week!

Thank-you to all the families who donated swim gear to the children in Zimbabwe

Marlins Meet Session Times

Friday on deck 4:30pm
Session Events: 50 fly, 50 back, 100 breast, 100 free, Girls 200 free

Saturday on deck: 7:45am
Session Events: Finals for 50 fly, 50 back, 100 breast, 100 free, Girls 200 free, 400 M.R

Saturday pm on deck 4:00pm
Session Events: 200 M R, 100 fly, 100 back, 50 breast, 50 free, Boys 200 free

Sunday am on deck 8:00am
Session Events: 200 F.R, Finals 100 fly, 100 back, 50 breast, 50 free, Boys 200 free, FUN relay **REMEMBER EVEN IF YOU ARE NOT IN FINALS YOU NEED TO BE THERE FOR YOUR TEAM AND RELAYS!**

CHECK OUT SNL's TOP TEN FOR YOUR AGE GROUP ON THE SNL Web Site!

